

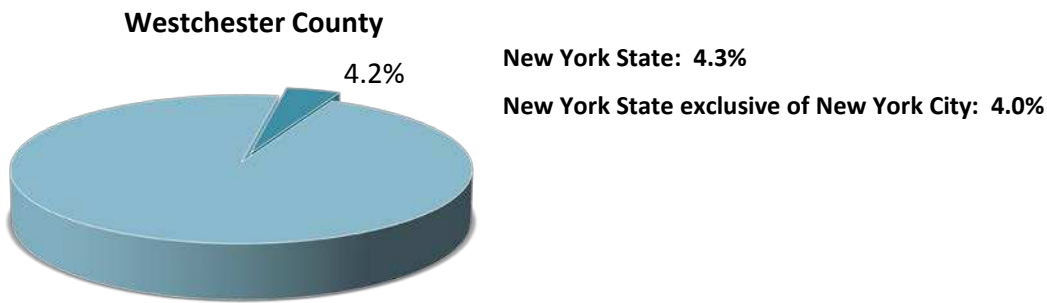
Westchester County Department of Health

Community Health Assessment Data Update

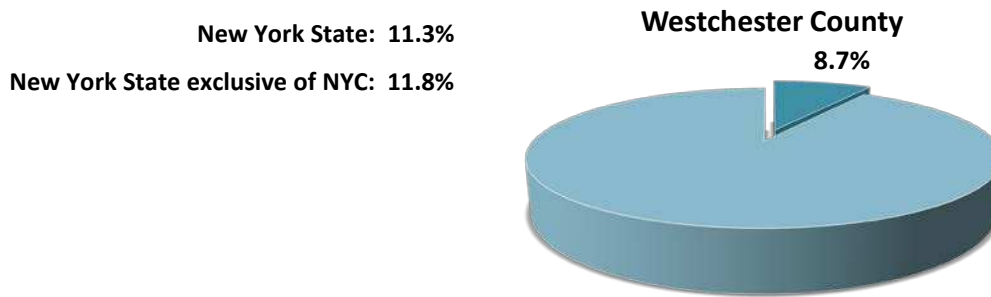
2015.05

Self-Reported Health Status of Westchester County Residents*, 2013-2014 Report from the Expanded Behavioral Risk Factor Surveillance System

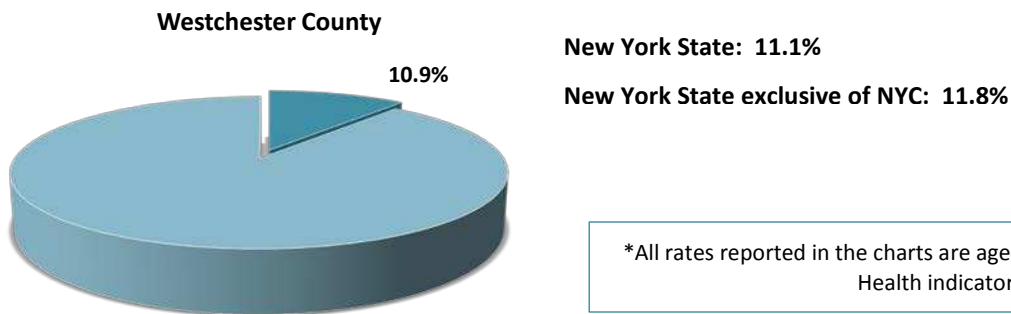
Percentage of Adults with Poor Self-Reported Health



Percentage of Adults with Poor Physical Health for 14 or More Days in the Past Month



Percentage of Adults with Poor Mental Health for 14 or More Days in the Past Month



In this issue:

- General Health 1
- Obesity and Diet 2
- Physical Activity and Diabetes 3
- Chronic Illness 4
- Cancer Screening and Substance Abuse 5
- Vaccine Preventable Diseases 6
- Health Care 7
- BRFSS Tables 8

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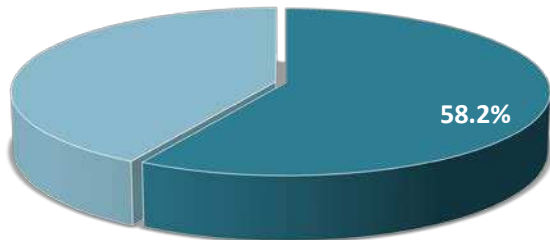
Graphic Design:
Megan Cea, MPH

*All rates reported in the charts are age-adjusted unless denoted with an asterisk. Health indicators marked with an asterisk are crude rates.

Obesity and Diet

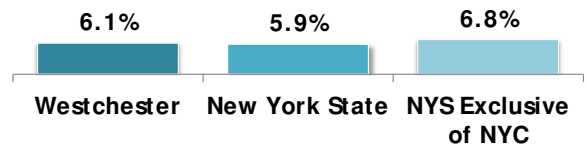
Percentage of Adults who are Overweight or Obese

Westchester County



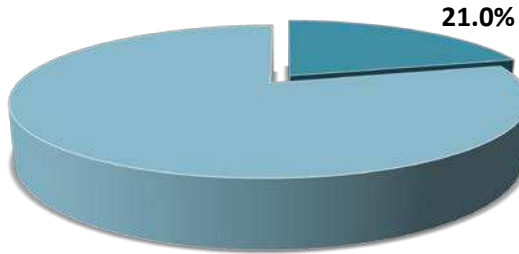
New York State: 60.5%
New York State exclusive of NYC: 62.3%

Percentage of Adults who Consume Fast Food Three or More Times per Week



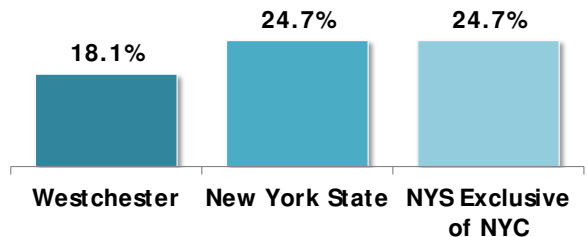
Percentage of Adults who are Obese

Westchester County



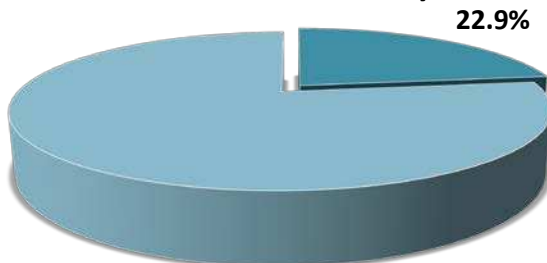
New York State: 24.6%
New York State exclusive of NYC: 27.4%

Percentage of Adults who Consume One or More Sugary Drinks Daily



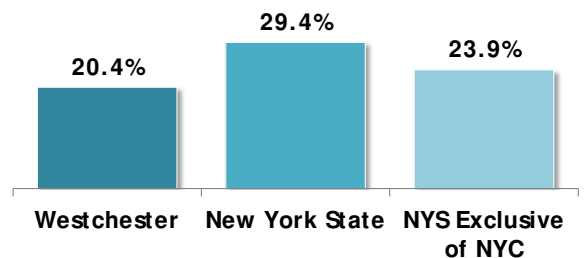
Percentage of Adults with Annual Household Income Less than \$25,000 who are Obese

Westchester County



New York State: 28.5%
New York State exclusive of NYC: 33.5%

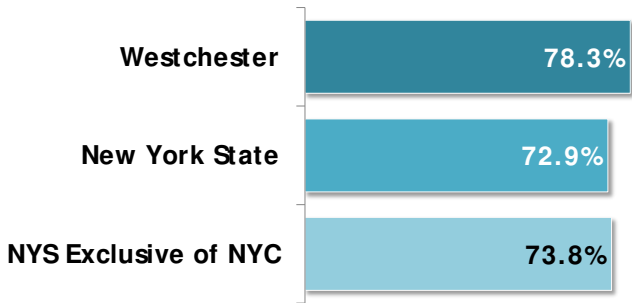
Percentage of Adults Experiencing Food Insecurity in the Past 12 Months



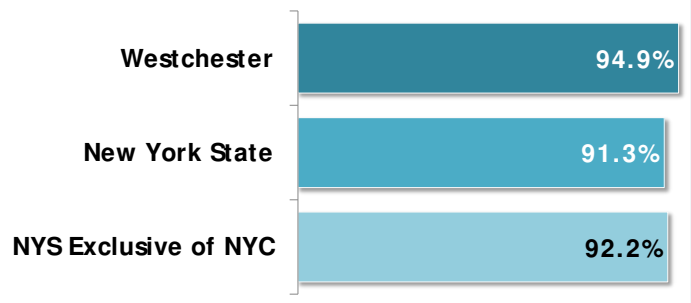
Food insecurity is defined as having access, at all times, to enough safe and nutritious foods for an active and healthy lifestyle.

Physical Activity and Diabetes

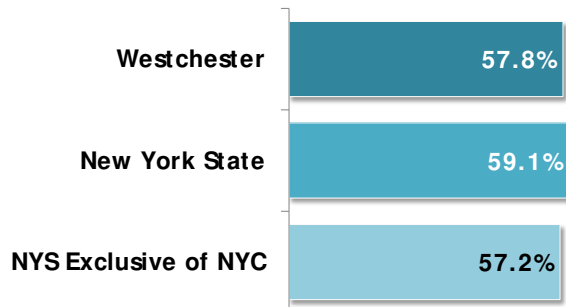
Percentage of Adults who Participated in Leisure Time Physical Activity in the Past 30 Days



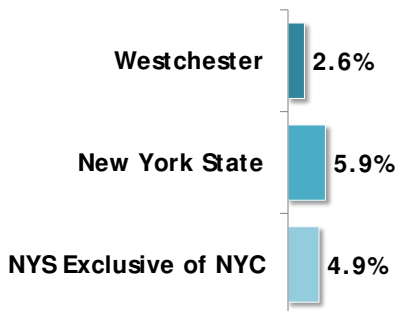
Percentage of Adults who Consider Their Neighborhood Suitable for Walking and Physical Activity



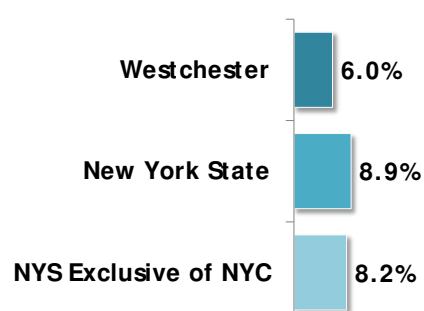
Percentage of Adults who had a Test for High Blood Sugar or Diabetes within the Past Three Years



Percentage of Adults with Physician Diagnosed Pre-diabetes

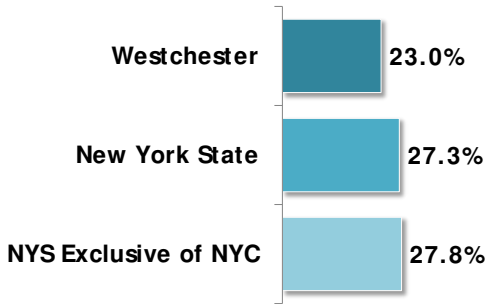


Percentage of Adults with Physician Diagnosed Diabetes

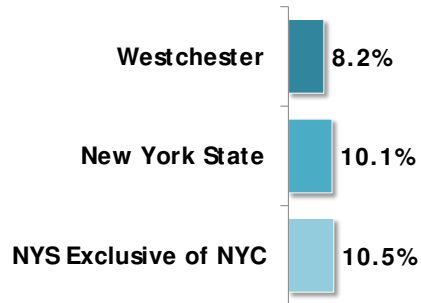


CHRONIC ILLNESS

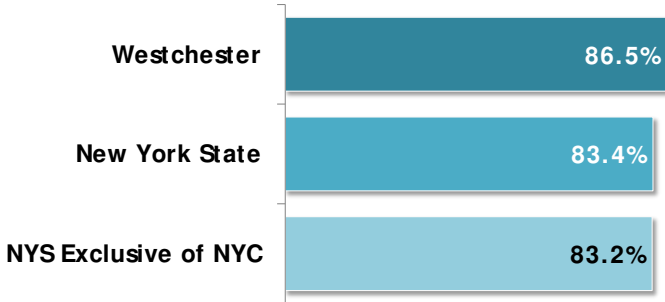
Percentage of Adults with Physician Diagnosed High Blood Pressure



Percentage of Adults with Current Asthma



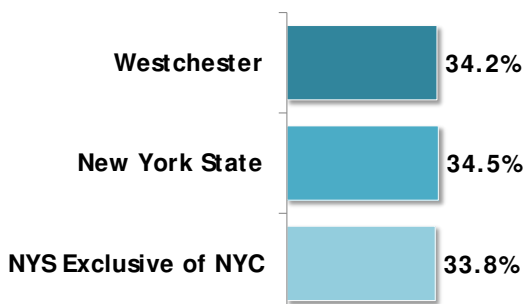
Percentage of Adults with Cholesterol Checked within the Past 5 Years



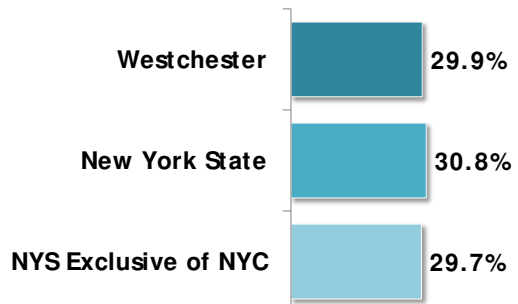
Percentage of Adults with Arthritis



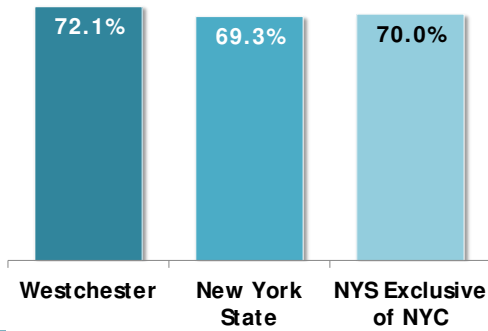
Percentage of Adults Aged 18 Years and Older with Elevated Cholesterol



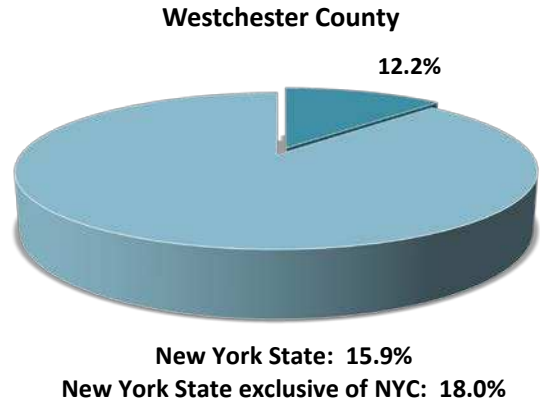
Percentage* of Adults Aged 65+ Years with at Least One Fall in the Past 12 Months



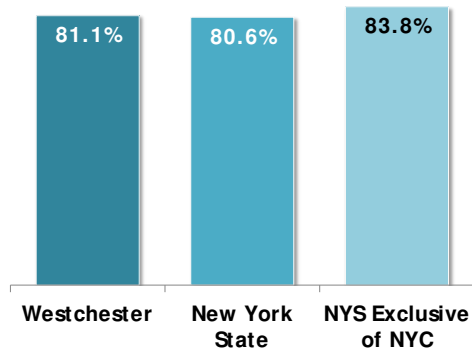
Percentage* of Adults Aged 50-75 Years Receiving Colorectal Cancer Screening Based on Recent Guidelines



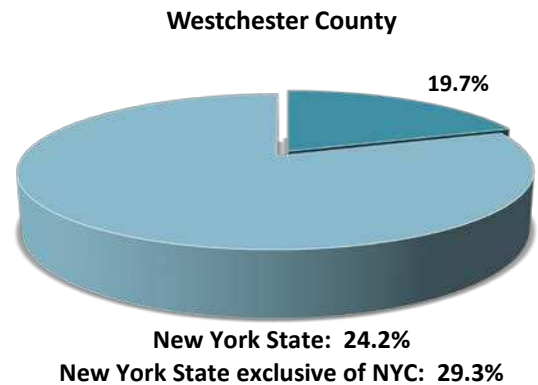
Percentage of Adults who are Current Smokers



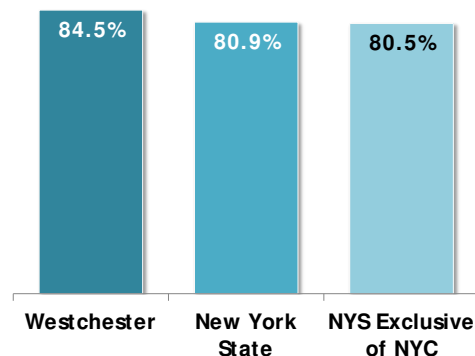
Percentage* of Women Aged 21-65 Years Receiving Cervical Cancer Screening Based on Recent Guidelines



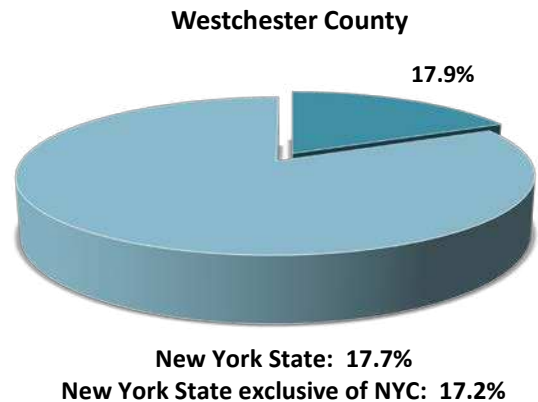
Percentage of Adults with an Annual Household Income of Less Than \$25,000 who are Current Smokers



Percentage* of Women Aged 50-74 Years Receiving Breast Cancer Screening Based on Recent Guidelines

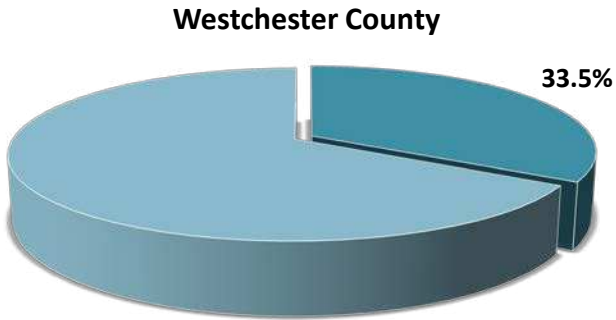


Percentage of Adults Binge Drinking During the Past Month



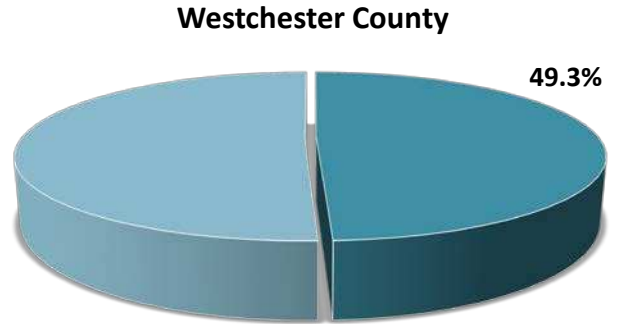
VACCINE PREVENTABLE DISEASES

Percentage* of Adults Aged 47-68 Years Reporting Ever Tested for Hepatitis C



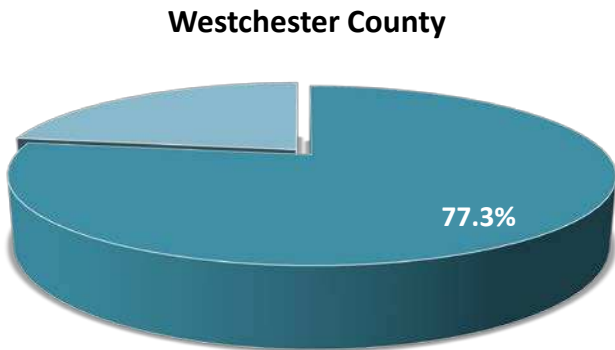
New York State: 37.3%
New York State exclusive of NYC: 33.3%

Percentage of Adults Aged 18+ Years with Flu Immunization in the Past Year



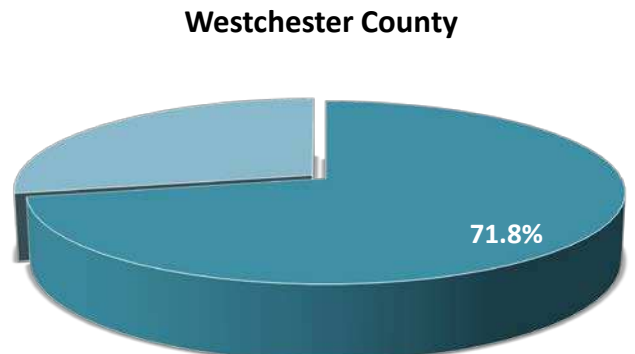
New York State: 46.0%
New York State exclusive of NYC: 47.2%

Percentage* of Adults Aged 65+ Years with Flu Immunization in the Past Year



New York State: 72.1%
New York State exclusive of NYC: 76.8%

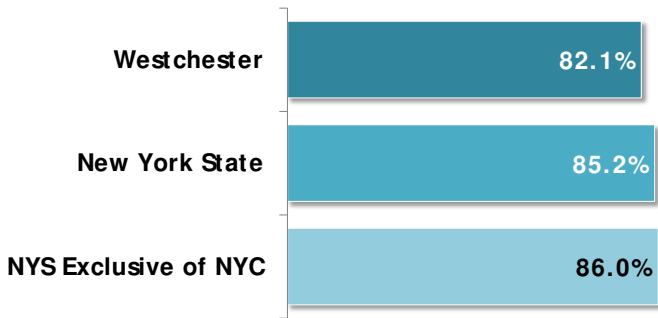
Percentage* of Adults Aged 65+ Years with Pneumococcal Immunization



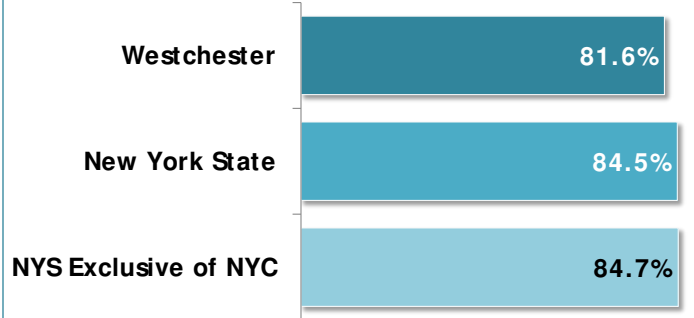
New York State: 65.1%
New York State exclusive of NYC: 70.7%

HEALTH CARE

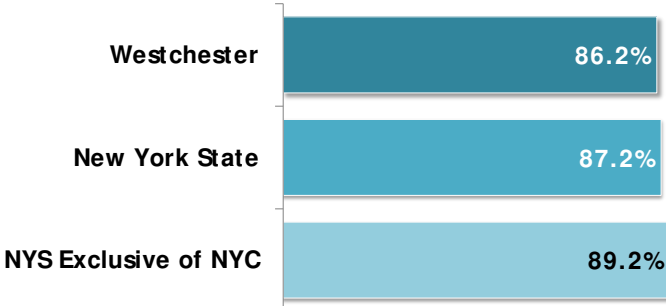
Percentage* of Adults Aged 18-64 Years with Health Care Coverage



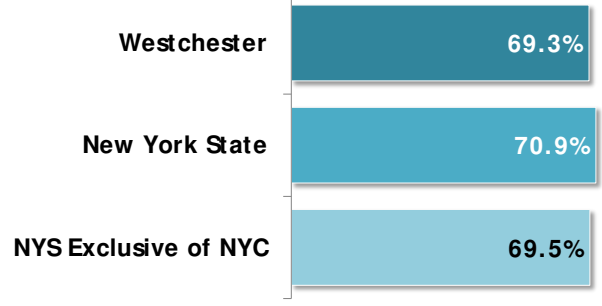
Percentage of Adults who have a Regular Health Care Provider



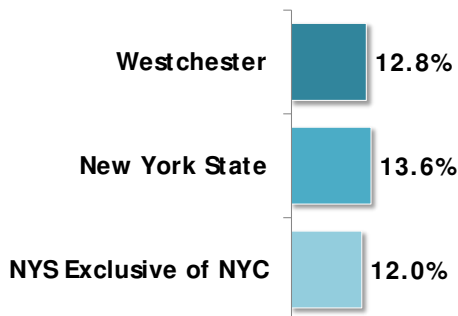
Percentage* of Women Aged 18-44 Years with Health Care Coverage



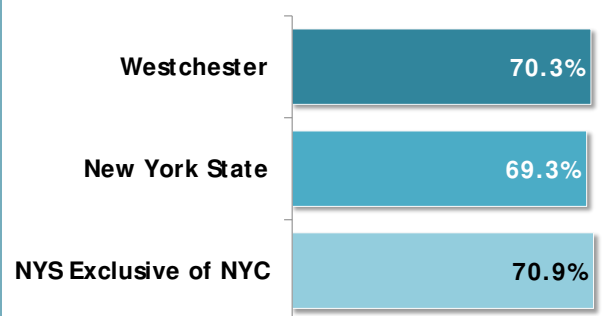
Percentage* of Adults Aged 18-64 Years who saw a Doctor for a Routine Checkup within the Past Year



Percentage of Adults who did not Receive Medical Care Because of Cost



Percentage of Adults who had a Dentist Visit within the Past Year



New York State, and New York City, 2013-2014

	Crude Rate	CL 95% Lower	CL 95% Upper	Age-adjusted Rate	CL 95% Lower	CL 95% Upper
Percentage of adults reporting poor self-reported health						
Westchester	4.4%	2.6%	7.2%	4.2%	2.4%	7.2%
Statewide	4.5%	3.7%	5.4%	4.3%	3.6%	5.1%
New York City	4.6%	3.1%	6.7%	4.8%	3.3%	6.9%
NYS Exclusive of NYC	4.4%	3.9%	5.0%	4.0%	3.6%	4.5%
Percentage of adults with poor physical health for 14 or more days in the last month						
Westchester	9.2%	6.9%	12.3%	8.7%	6.5%	11.6%
Statewide	11.8%	10.5%	13.1%	11.3%	10.1%	12.5%
New York City	11.1%	8.6%	14.1%	11.0%	8.6%	13.9%
NYS Exclusive of NYC	12.3%	11.4%	13.2%	11.8%	10.9%	12.8%
Percentage of adults with poor mental health for 14 or more days in the last month						
Westchester	10.3%	6.2%	16.7%	10.9%	7.2%	16.0%
Statewide	11.3%	9.7%	13.0%	11.1%	9.6%	13.0%
New York City	10.9%	7.7%	15.2%	10.1%	7.2%	14.0%
NYS Exclusive of NYC	11.5%	10.6%	12.5%	11.8%	10.9%	12.8%
Percentage of adults living with a disability						
Westchester	17.9%	14.3%	22.0%	16.6%	13.4%	20.5%
Statewide	20.8%	19.1%	22.7%	19.9%	18.3%	21.6%
New York City	18.7%	15.2%	22.9%	18.0%	14.8%	21.7%
NYS Exclusive of NYC	22.4%	21.3%	23.5%	21.5%	20.4%	22.6%
Percentage of adults overweight or obese						
Westchester	58.1%	52.3%	63.6%	58.2%	53.2%	63.0%
Statewide	60.9%	58.4%	63.3%	60.5%	57.9%	63.0%
New York City	59.0%	53.4%	64.5%	58.0%	52.6%	63.2%
NYS Exclusive of NYC	62.2%	60.8%	63.6%	62.3%	60.9%	63.7%
Percentage of adults who are obese						
Westchester	20.6%	16.8%	24.9%	21.0% [†]	17.2%	25.4%
Statewide	24.9%	23.0%	26.9%	24.6%	22.7%	26.6%
New York City	22.0%	18.1%	26.5%	21.6%	17.7%	26.1%
NYS Exclusive of NYC	27.0%	25.8%	28.2%	27.4% [†]	26.1%	28.7%
Percentage of adults with an annual household income less than \$25,000 who are obese						
Westchester	23.3%	15.7%	33.1%	22.9%	15.9%	31.8%
Statewide	28.7%	24.7%	33.0%	28.5%	24.3%	33.0%
New York City	25.4%	18.5%	33.7%	24.5%	17.5%	33.1%
NYS Exclusive of NYC	32.1%	29.8%	34.5%	33.5%	31.0%	36.0%
Percentage of adults living with a disability who are obese						
Westchester ¹	26.7%	18.8%	36.4%	32.7%	23.3%	43.6%
Statewide	36.9%	32.7%	41.3%	35.4%	31.0%	40.0%
New York City ^{1,2}	35.7%	25.9%	46.8%	30.5%	21.5%	41.3%
NYS Exclusive of NYC	37.7%	35.3%	40.1%	36.9%	33.9%	39.9%
Percentage of adults who consume fast-food three or more times per week						
Westchester	5.4%	3.7%	7.8%	6.1%	4.1%	8.9%
Statewide	5.8%	4.8%	6.9%	5.9%	4.9%	7.0%
New York City	5.1%	3.2%	7.9%	4.8%	3.0%	7.5%
NYS Exclusive of NYC	6.3%	5.7%	7.1%	6.8%	6.0%	7.6%
Percentage of adults who consume one or more sugary drinks daily						
Westchester	17.2%	13.9%	21.0%	18.1% [†]	14.6%	22.2%
Statewide	23.8%	21.5%	26.3%	24.7%	22.2%	27.4%
New York City	24.6%	19.5%	30.4%	25.1%	20.0%	31.0%
NYS Exclusive of NYC	23.3%	22.1%	24.5%	24.7% [†]	23.4%	26.0%

(continued)

NEW YORK STATE, AND NEW YORK CITY, 2013-2014

	Crude Rate	CL 95% Lower	CL 95% Upper	Age-adjusted Rate	CL 95% Lower	CL 95% Upper
Percentage of adults experiencing food insecurity in the past 12 months						
Westchester	19.6%	16.2%	23.5%	20.4% [†]	16.9%	24.4%
Statewide	29.0%	26.6%	31.5%	29.4% [†]	27.1%	31.9%
New York City	37.4%	32.1%	43.0%	36.8% [†]	31.9%	41.9%
NYS Exclusive of NYC	22.7%	21.6%	23.9%	23.9%	22.7%	25.2%
Percentage of adults experiencing housing insecurity in the past 12 months						
Westchester	34.5%	29.9%	39.5%	35.7% [†]	30.9%	40.8%
Statewide	43.4%	40.8%	46.1%	43.7% [†]	41.0%	46.5%
New York City	52.4%	46.6%	58.2%	51.6% [†]	45.9%	57.2%
NYS Exclusive of NYC	36.6%	35.2%	37.9%	38.0%	36.6%	39.4%
Percentage of adults who participated in leisure time physical activity in the past 30 days						
Westchester	78.5%	73.8%	82.6%	78.3%	73.6%	82.4%
Statewide	72.8%	70.6%	74.9%	72.9%	70.5%	75.1%
New York City	71.6%	66.6%	76.1%	71.5%	66.5%	76.1%
NYS Exclusive of NYC	73.7%	72.5%	74.9%	73.8%	72.5%	75.0%
Percentage of adults who consider their neighborhood suitable for walking and physical activity						
Westchester	95.1%	93.2%	96.5%	94.9% [†]	92.9%	96.4%
Statewide	91.3%	89.8%	92.6%	91.3%	89.8%	92.6%
New York City	89.8%	86.2%	92.5%	90.3% [†]	87.0%	92.9%
NYS Exclusive of NYC	92.3%	91.4%	93.1%	92.2%	91.3%	93.0%
Percentage of adults who had a test for high blood sugar or diabetes within the past three years						
Westchester	59.1%	53.6%	64.4%	57.8%	51.7%	63.7%
Statewide	58.7%	56.0%	61.5%	59.1%	56.6%	61.6%
New York City	59.9%	53.7%	65.8%	61.3%	55.7%	66.6%
NYS Exclusive of NYC	57.9%	56.4%	59.3%	57.2%	55.8%	58.6%
Percentage of adults with physician diagnosed prediabetes						
Westchester	2.6%	1.6%	4.1%	2.6% [†]	1.6%	4.2%
Statewide	5.8%	4.6%	7.2%	5.9% [†]	4.6%	7.5%
New York City	6.8%	4.4%	10.4%	7.3% [†]	4.6%	11.2%
NYS Exclusive of NYC	5.0%	4.5%	5.6%	4.9% [†]	4.3%	5.4%
Percentage of adults with physician diagnosed diabetes						
Westchester	6.8%	4.9%	9.3%	6.0%	4.4%	8.1%
Statewide	9.5%	8.4%	10.8%	8.9%	7.9%	10.1%
New York City	10.0%	7.7%	12.9%	10.0%	7.7%	12.8%
NYS Exclusive of NYC	9.2%	8.5%	10.0%	8.2%	7.6%	8.9%
Percentage of adults with physician diagnosed high blood pressure						
Westchester	25.3%	21.4%	29.6%	23.0%	19.7%	26.6%
Statewide	28.3%	26.5%	30.3%	27.3%	25.6%	29.1%
New York City	25.8%	21.9%	30.2%	26.7%	23.0%	30.7%
NYS Exclusive of NYC	30.2%	29.1%	31.3%	27.8%	26.8%	28.9%
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication						
Westchester ²	79.5%	71.8%	85.5%	53.3%	42.6%	63.7%
Statewide	75.2%	71.5%	78.5%	55.6%	51.1%	60.0%
New York City	73.4%	64.3%	80.9%	54.7%	45.7%	63.4%
NYS Exclusive of NYC	76.4%	74.3%	78.3%	56.7%	53.9%	59.5%
Percent of adults with cholesterol checked within the past 5 years						
Westchester	88.1%	82.5%	92.0%	86.5%	81.7%	90.1%
Statewide	84.2%	81.7%	86.3%	83.4%	81.2%	85.4%
New York City	83.3%	77.5%	87.8%	83.7%	78.9%	87.5%
NYS Exclusive of NYC	84.8%	83.7%	85.9%	83.2%	82.1%	84.2%

(continued)

New York State, and New York City, 2010-2014

	Crude Rate	CL 95% Lower	CL 95% Upper	Age-adjusted Rate	CL 95% Lower	CL 95% Upper
Percentage of adults 18 years and older with elevated cholesterol						
Westchester	38.1%	33.1%	43.5%	34.2%	29.4%	39.3%
Statewide	37.7%	35.4%	40.1%	34.5%	32.1%	37.0%
New York City	36.8%	31.8%	42.1%	34.9%	29.9%	40.3%
NYS Exclusive of NYC	38.4%	37.0%	39.7%	33.8%	32.4%	35.2%
Percentage of adults with current asthma						
Westchester	7.9%	5.4%	11.4%	8.2%	5.4%	12.2%
Statewide	10.0%	8.9%	11.3%	10.1%	8.9%	11.4%
New York City	9.8%	7.5%	12.7%	9.8%	7.6%	12.7%
NYS Exclusive of NYC	10.2%	9.4%	11.0%	10.5%	9.6%	11.4%
Percentage of adults with arthritis						
Westchester	21.1%	17.4%	25.3%	19.7%	16.2%	23.7%
Statewide	22.9%	21.3%	24.6%	21.8%	20.3%	23.3%
New York City	18.9%	15.7%	22.5%	19.0%	15.9%	22.4%
NYS Exclusive of NYC	25.9%	24.8%	27.0%	23.8%	22.8%	24.9%
Percentage of adults aged 65+ years with at least one fall in the past 12 months						
Westchester	29.9%	21.7%	39.5%			
Statewide	30.8%	27.3%	34.5%			
New York City	32.6%	24.3%	42.1%			
NYS Exclusive of NYC	29.7%	27.7%	31.8%			
Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury						
Westchester ¹	35.9%	21.7%	53.0%			
Statewide	38.3%	32.2%	44.9%			
New York City ¹	36.3%	23.1%	51.9%			
NYS Exclusive of NYC	39.7%	35.9%	43.6%			
Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition						
Westchester	7.2%	4.9%	10.7%	7.7%	3.9%	14.6%
Statewide	10.2%	8.5%	12.2%	9.7%	7.7%	12.3%
New York City	12.6%	8.7%	18.0%	11.9%	7.9%	17.6%
NYS Exclusive of NYC	8.6%	7.8%	9.5%	8.0%	7.0%	9.1%
Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines						
Westchester	72.1%	64.5%	78.6%			
Statewide	69.3%	66.3%	72.2%			
New York City	68.2%	60.7%	74.9%			
NYS Exclusive of NYC	70.0%	68.1%	71.8%			
Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines						
Westchester ¹	53.3%	37.4%	68.6%			
Statewide	61.4%	54.7%	67.7%			
New York City ¹	62.9%	49.6%	74.5%			
NYS Exclusive of NYC	60.0%	55.9%	64.0%			
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines						
Westchester	84.5%	75.5%	90.6%			
Statewide	80.9%	77.7%	83.7%			
New York City	81.3%	73.7%	87.1%			
NYS Exclusive of NYC	80.5%	78.4%	82.5%			
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines						
Westchester						
Statewide	76.7%	69.6%	82.6%			
New York City ¹	80.2%	66.6%	89.1%			
NYS Exclusive of NYC	72.6%	68.2%	76.7%			

(continued)

New York State, and New York City, 2018-2021

	Crude Rate	CL 95% Lower	CL 95% Upper	Age-adjusted Rate	CL 95% Lower	CL 95% Upper
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines						
Westchester	81.1%	73.5%	86.9%			
Statewide	80.6%	75.7%	84.7%			
New York City ¹	76.3%	65.0%	84.8%			
NYS Exclusive of NYC	83.8%	82.2%	85.3%			
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines						
Westchester ¹	74.4%	57.1%	86.4%			
Statewide ¹	75.3%	63.2%	84.4%			
New York City ¹	75.1%	52.0%	89.3%			
NYS Exclusive of NYC	75.5%	71.8%	78.9%			
Percentage of adults who are current smokers						
Westchester	11.7%	9.0%	15.2%	12.2% [†]	9.2%	16.0%
Statewide	15.6%	14.0%	17.4%	15.9%	14.1%	17.7%
New York City	13.3%	9.9%	17.6%	13.4%	10.1%	17.5%
NYS Exclusive of NYC	17.3%	16.3%	18.4%	18.0% [†]	16.9%	19.1%
Percentage of adults with annual household income less than \$25,000 who are current smokers						
Westchester	19.0%	13.3%	26.5%	19.7% [†]	14.0%	26.9%
Statewide	23.6%	19.2%	28.7%	24.2%	20.0%	28.9%
New York City ¹	19.6%	12.1%	30.2%	19.5%	12.9%	28.4%
NYS Exclusive of NYC	27.9%	25.8%	30.1%	29.3% [†]	27.1%	31.6%
Percentage of cigarette smoking among adults who report poor mental health						
Westchester ^{1,2}	24.2%	9.8%	48.2%	28.6%	16.1%	45.6%
Statewide	31.8%	24.1%	40.6%	29.9%	24.1%	36.4%
New York City ^{1,2}	28.4%	12.9%	51.4%	20.6%	12.2%	32.5%
NYS Exclusive of NYC	34.2%	30.3%	38.4%	33.2%	29.5%	37.0%
Percentage of adult binge drinking during the past month						
Westchester	15.8%	11.1%	22.0%	17.9%	13.7%	23.2%
Statewide	16.9%	14.9%	19.1%	17.7%	15.6%	20.0%
New York City	17.8%	13.5%	23.1%	18.1%	13.9%	23.3%
NYS Exclusive of NYC	16.2%	15.2%	17.3%	17.2%	16.1%	18.4%
Percentage of adults aged 18+ years with flu immunization in the past year						
Westchester	52.0%	46.6%	57.5%	49.3%	43.8%	54.7%
Statewide	46.7%	44.3%	49.2%	46.0%	43.4%	48.6%
New York City	43.2%	37.8%	48.8%	43.6%	38.1%	49.3%
NYS Exclusive of NYC	49.4%	48.0%	50.8%	47.2%	45.8%	48.6%
Percentage of adults aged 65+ years with flu immunization in the past year						
Westchester	77.3%	68.0%	84.6%			
Statewide	72.1%	67.9%	75.9%			
New York City ¹	64.2%	53.7%	73.4%			
NYS Exclusive of NYC	76.8%	74.9%	78.6%			
Percentage of adults aged 65+ years with pneumococcal immunization						
Westchester	71.8%	62.1%	79.7%			
Statewide	65.1%	60.7%	69.2%			
New York City ¹	55.3%	44.8%	65.3%			
NYS Exclusive of NYC	70.7%	68.6%	72.8%			
Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)						
Westchester	33.5%	26.3%	41.6%			
Statewide	37.3%	34.0%	40.8%			
New York City	43.8%	35.8%	52.1%			
NYS Exclusive of NYC	33.3%	31.3%	35.4%			

(continued)

New York State, and New York City, 2013-2014

	Crude Rate	CL 95% Lower	CL 95% Upper	Age-adjusted Rate	CL 95% Lower	CL 95% Upper
Percentage of adults aged 18-64 years with healthcare coverage						
Westchester	82.1%	77.5%	85.8%			
Statewide	85.2%	82.8%	87.3%			
New York City	84.1%	78.5%	88.5%			
NYS Exclusive of NYC	86.0%	84.8%	87.1%			
Percentage of adults who have a regular health care provider						
Westchester	83.0%	79.2%	86.2%	81.6%	77.4%	85.1%
Statewide	84.9%	83.1%	86.6%	84.5%	82.5%	86.2%
New York City	83.8%	79.5%	87.3%	84.2%	80.0%	87.7%
NYS Exclusive of NYC	85.8%	84.8%	86.7%	84.7%	83.6%	85.7%
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year						
Westchester	69.3%	63.6%	74.4%			
Statewide	70.9%	68.1%	73.5%			
New York City	72.7%	66.3%	78.2%			
NYS Exclusive of NYC	69.5%	68.0%	71.0%			
Percentage of adults who did not receive medical care because of cost						
Westchester	11.8%	9.2%	15.1%	12.8%	10.1%	16.0%
Statewide	13.1%	11.2%	15.3%	13.6%	11.6%	15.8%
New York City	15.6%	11.6%	20.7%	15.7%	11.7%	20.8%
NYS Exclusive of NYC	11.2%	10.3%	12.2%	12.0%	11.0%	13.0%
Percentage of adults who had a dentist visit within the past year						
Westchester	72.0%	65.8%	77.5%	70.3%	64.1%	75.8%
Statewide	69.5%	66.9%	72.0%	69.3%	66.6%	71.8%
New York City	67.1%	61.2%	72.5%	66.7%	60.9%	72.0%
NYS Exclusive of NYC	71.3%	70.0%	72.6%	70.9%	69.6%	72.3%
Percentage of women aged 18-64 years with health care coverage						
Westchester	86.2%	79.4%	91.0%			
Statewide	87.2%	83.4%	90.2%			
New York City	84.5%	75.4%	90.6%			
NYS Exclusive of NYC	89.2%	87.8%	90.6%			
Women aged 18-44 years who saw a doctor for a routine checkup within the last year						
Westchester ¹	74.2%	60.0%	84.6%			
Statewide	72.5%	66.5%	77.8%			
New York City ¹	74.6%	61.9%	84.2%			
NYS Exclusive of NYC	70.5%	67.4%	73.5%			
Percentage of women aged 18-44 years who had dental visit within the last year						
Westchester ¹	60.9%	40.8%	77.8%			
Statewide	70.7%	64.0%	76.5%			
New York City ¹	67.9%	54.0%	79.3%			
NYS Exclusive of NYC	73.0%	69.3%	76.4%			
Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy						
Westchester ¹	46.4%	30.1%	63.4%			
Statewide	39.3%	33.7%	45.2%			
New York City ¹	33.0%	22.7%	45.3%			
NYS Exclusive of NYC	44.7%	41.3%	48.1%			

¹ Crude rate is unreliable due to large standard error.

² Age-adjusted rate is unreliable due to large standard error.

† Westchester County rate is statistically different.

THE BEHAVIORAL RISK SURVEILLANCE SYSTEM

The CDC's Behavioral Risk Factor Surveillance System is a telephone survey conducted annually in all 50 states and U.S. territories. The purpose of the BRFSS is to monitor the preventive health practices and risk behaviors among the adult (18 years and older), non-institutionalized population. Indicators assessed by the BRFSS include physical activity, health insurance coverage, utilization of preventative care services, prevalence of communicable diseases, alcohol and tobacco use, and other factors contributing to chronic disease and early mortality.

The Expanded BRFSS is administered throughout 58 distinct areas, collecting information representative of the population of each of New York State's 57 counties outside of New York City, and of New York City as a whole. A standard questionnaire was developed and used across all 58 areas. The health indicators reported in the Expanded BRFSS are based on answers to one or more questions within the survey and weighted to reflect accurately the adult population under study. Weighting procedures take gender, race, and age into account. For each area, approximately 650 interviews are completed.

The questionnaires, datasets, survey results, and technical documentation for the current, as well as past, BRFSS reports are available at the CDC's website. Additional information about the Expanded BRFSS can be found at the New York State Department of Health's website.

All rates reported in the graphs are age-adjusted unless denoted with an asterisk. Health indicators marked with an asterisk are crude rates.